

# Oamaru

# Fundamentals of Palliative Care

## Tuesday

22 Sept | 29 Sept | 6 Oct | 13 Oct | 20 Oct

Palliative care should be available as a care philosophy for all individuals and is everyone's responsibility. Come and learn more about caring for palliative care patients.

Ten sessions covering all aspects of palliative care are being offered by the Otago Community Hospice (OCH). These sessions have been developed by Hospice New Zealand and will be delivered by various members of the OCH specialist palliative care team, who have an expertise in the topics they will be presenting.

### Topics covered:

Essence of Palliative Care, Pain and Symptom Management, Chronic Illness, Dementia, Ethics, Spirituality, Loss and Grief, Communication and Caring for ourselves.

- Attendees will be given workbooks before each session
- There is an expectation that there will be a commitment to pre and post session learning activities
- Certificates are issued on completion of post learning reflection
- Participants who attend all 10 sessions and complete the post learning reflection will also receive a Hospice New Zealand badge.

### Location:

North Otago Hospice Hub  
343 Thames Highway  
Oamaru

### Time:

1.00pm – 5.00pm

Registration essential – minimum and maximum numbers apply

### Registration Fees:

Full Course – \$100

Per Topic – \$10

Registration application forms are available online at [www.otagohospice.co.nz](http://www.otagohospice.co.nz)

### RSVP by Tuesday 15 September

Email: [reception@otagohospice.co.nz](mailto:reception@otagohospice.co.nz)

Address: PO Box 8002, Dunedin 9041

Phone: 03 473 6005

Fax: 03 473 6015

### Queries:

Glenda Hall – Education Coordinator  
03 473 6005

### Please note:

Failure to attend or cancellation within 72 hours of the course will still incur the full cost.

# Fundamentals of Palliative Care – 2020

## North Otago Hospice Hub Oamaru

### Tuesday 22 September 1.00 – 4.30

**1st Topic 1.00 – 2.45 Essence of Palliative Care**  
Presenter: Sharyn Clearwater RN, PG Cert Palliative Care, PDRP – Expert, Care Coordinator

**2nd Topic 3.00 – 4.30 Chronic Illness**  
Presenter: Jo Mitchell RN, Masters of Nursing – Aged Residential Care CNS

### Tuesday 29 September 1.00 – 4.30

**1st Topic 1.00 – 2.45 Dementia**  
Presenter: Glenda Hall – RN, PG Cert Tertiary Teaching, PG Dip in PC – Education Coordinator OCH

**2nd Topic 3.00 – 4.30 Ethics**  
Presenter: Sharon Stewart RN, Masters Health Sciences (PC) – Clinical Team Leader OCH

### Tuesday 6 October 1.00 – 4.30

**1st Topic 1.00 – 2.45 Pain and Symptom Management**  
Presenter: Janine Winters MD, Palliative Care Specialist Doctor

**2nd Topic 3.00 – 4.30 Last Days of Life**  
Presenter: Sue Walton RN, Masters of Nursing, PG Cert PC and Tertiary Teaching, PDRP – Expert, Care Coordinator

### Tuesday 13 October 1.00 – 4.30

**1st Topic 1.00 – 2.45 Loss and Grief**  
Presenter: Trisha Bennett Psychotherapists, Masters in Social Welfare, Cert in Psychodrama – Counsellor

**2nd Topic 3.00 – 4.30 Communication**  
Presenter: Deb McQueen OT, PG Dip in Health Sciences (PC) – Urban Community Coordinator OCH

### Tuesday 20 October 1.00 – 4.30

**1st Topic 1.00 – 2.45 Introduction to Spiritual Care**  
Presenter: Annette Tate SLT, Masters in Education - Spiritual Care Coordinator OCH

**2nd Topic 3.00 – 4.30 Caring for Ourselves**  
Presenter: Christina Bowen OT, PG Cert PC – Kowhai Programme Coordinator OCH