

Central Otago

Fundamentals of Palliative Care

Wednesdays

2 Oct | 16 Oct | 30 Oct | 13 Nov | 27 Nov

Palliative care should be available as a care philosophy for all individuals and is everyone's responsibility. Come and learn more about caring for palliative care patients.

Otago Community Hospice and Hospice Southland are collaborating to offer ten focused sessions covering all aspects of palliative care. These sessions have been developed by Hospice NZ and will be delivered by various specialists from both hospices – all experts in the topics they are presenting.

Topics covered:

Essence of Palliative Care, Pain and Symptom Management, Chronic Illness, Dementia, Ethics, Spirituality, Loss and Grief, Communication and Caring for ourselves.

- Attendees will be given workbooks before each session
- There is an expectation that there will be a commitment to pre and post session learning activities
- Certificates are issued on completion of post learning reflection
- Participants who attend all 10 sessions and complete the post learning reflection will also receive a Hospice New Zealand badge.

Location:

Bannockburn Room
Cromwell & Districts Presbyterian Church
10 Elspeth Street
Cromwell

Time:

1.00pm – 4.30pm

Registration Fees:

Full Course – \$100

Per Topic – \$10

Registration forms are available online at

www.otagohospice.co.nz

Registrations are essential and must be made by **Friday 20 September**

Enquiries:

Glenda Hall – Education Coordinator
03 473 1041 / contact@otagohospice.co.nz

PLEASE NOTE:

Failure to attend or cancellation within 72 hours of the course will still incur the full cost.

Fundamentals of Palliative Care – 2019

Central Otago – Cromwell

Wednesday 2 October 1.00 – 4.30

1st Topic 1.00 – 2.45 Essence of Palliative Care
Presenter: TBC

2nd Topic 3.00 – 4.30 Chronic Illness
Presenter: Louisa Ingham RN, Masters in PC,
Nurse Practitioner – Central Otago Coordinator

Wednesday 16 October 1.00 – 4.30

1st Topic 1.00 – 2.45 Dementia
Presenter: Glenda Hall – RN, PG Cert Tertiary
Teaching, PG Dip in PC – Education Coordinator OCH

2nd Topic 3.00 – 4.30 Ethics
Presenter: Sharon Stewart RN, Masters Health
Sciences (PC) – Clinical Team Leader OCH

Wednesday 30 October 1.00 – 4.30

1st Topic 1.00 – 2.45 Pain and Symptom
Management
Presenter: Lianne van Egdom RN, Master Clinical
Health Sciences (PC) – Lead of the OCH Community
Team

2nd Topic 3.00 – 4.30 Communication
Presenter: TBC

Wednesday 13 November 1.00 – 4.30

1st Topic 1.00 – 2.45 Last Days of Life
Presenter: Jan Nally RN, Dip Adult Teaching
Community Nurse and Educator; Hospice Southland

2nd Topic 3.00 – 4.30 Loss and Grief
Presenter: Natalie Franklin, Counsellor, PG Cert
Palliative Care; Advanced Clinical Practice
Psychotherapy

Wednesday 27 November 1.00 – 4.30

1st Topic 1.00 – 2.45 Introduction to Spiritual Care
Presenter: Annette Tate SLT, Masters in Education –
Spiritual Care Coordinator OCH

2nd Topic 3.00 – 4.30 Caring for Ourselves
Presenter: Christina Bowen OT, PG Cert PC –
Community Care Coordinator OCH