



ENDING LIFE WELL

A podcast series for carers

MORE INFORMATION HERE:
otagohospice.co.nz/patient-services/kowhai-programme/carers-podcast/



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This series is for New Zealand family carers who are faced with caring for a loved one who is dying.

Developed by the specialist palliative team at Otago Community Hospice and supported by Hospice New Zealand, the series provides reliable palliative advice and information for carers who may find themselves out of their depth caring for someone nearing end of life.

The series was inspired by the Kōwhai Programme – a well-established carers education programme created in response to research done in collaboration with the University of Otago in 2010.

Available on our website or wherever you listen to your favourite podcasts.