







# Assisting a Fallen Patient

**It is impossible to 'control' a fall by bearing the weight of a patient.**

1. DO NOT lift.
2. Calm the patient (and yourself).
3. Call for help, if available
4. Assess the situation
5. Eliminate further hazards. E.g. spills, objects in the way.
6. Provide first aid if required and seek advice if needed.
7. Guide a patient who is independently mobile from the floor.
8. Ensure the patient is comfortable E.g. offer blanket and/or pillows
9. If the patient is injured or unable to get up, seek advice from St Johns.

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|---|---|
| 1: Assess client  | 2: Ask client to roll on to their side and push up with their hands                         |
|   |          |
| 3: Ask client to roll on to their hands and knees                                   | 4: Place a chair at the client's side, close to hip   |
|  |         |
| 5: Client leans on chair with their closest hand                                    | 6: Client pushes up to sitting position, sliding bottom into chair using both legs and arms |
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