

We would like to thank

Some of our recent supporters and funders:

ANZ Staff Foundation
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BNI Portobello
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Genesis Oncology Trust
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Rotary Club Dunedin North
Rotary Club Dunedin South
SBS
St Clair Women's Club Inc.
The Southern Trust
Waterloo Hotel
Wharf Hotel

Otago Community Hospice
293 North Road | North East Valley
PO Box 8002 | Dunedin
Phone 03 473 6005 | Fax 03 473 6015
Email reception@otagohospice.co.nz

Wish list

Thank you for considering helping us with our wish list items. This is an opportunity to support the Hospice in a very tangible way and we really appreciate any contribution you feel able to make. Thank you very much.

- Digital Cameras – to help our hospice shops photograph products for sale.
- Groceries for our kitchen (canned fruit, jellies, jams and/or spreads, sugar, flour, packets of biscuits).
- Garden & petrol vouchers of any value.
- A copy of *Psychodynamic Formulation Manual*, by Deborah Cabaniss.
- Portable Stereo CD/MP3 Players for our patient rooms.
- Head phones – to help our patients and family members listen to music or tv while in their rooms.
- Commercial strength vacuum cleaners for our hospice shops.
- Chess Sets.

Getting involved

If you would like to get more involved with Otago Community Hospice across the Otago Region, we would love to hear from you. Support could include areas like:

- Volunteering in our shops
- Fundraising
- Biography services
- Telling us your story to help communicate our Hospice services

Please feel free to contact us on
reception@otagohospice.co.nz
or call 03 473 6005



Hospice News

March 2016

Otago Community Hospice Newsletter

CEO Message

Welcome to our March 2016 newsletter. It is hard to believe that it is already March, in fact it's nearly April!

So much has been happening at Otago Community Hospice, we are having a very big year so far. I would like to take the opportunity to highlight just a few areas of the Hospice for you to help give an idea of just what your support has been helping.

The number of patients on our programme is continuing to increase across the Otago region. For our year to date we have 172 more patients than we had in our last year, with an average of 211 on our programme at any one time, this is up from an average of 195 last year. The chart on this page highlights where our patients are from across Otago.

Without our volunteers we could not provide the services we do. Our fabulous volunteer support covers working in our hospice shops, fundraising events, kitchen duties, gardening, cleaning to our new inpatient unit volunteer support group. So far this year we have over 24,000 volunteer hours recorded - this is incredible and I thank every volunteer for this support!

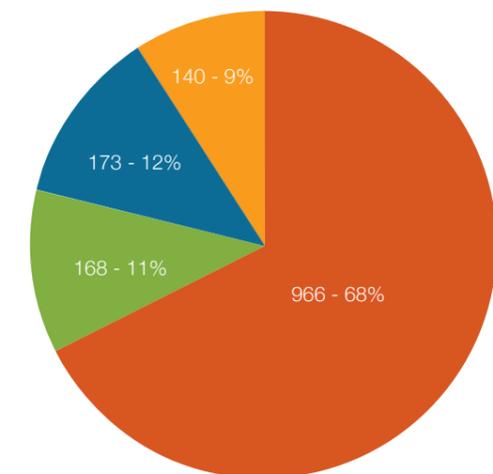
So far this financial year we have had nearly 2000 people go through our education programmes which is fantastic. Our education and support learning opportunities are hugely valuable and cover all aspects of palliative care, ranging from GP Master Classes to end of life and bereavement care. Details around our education opportunities are available on our website (www.otagohospice.co.nz) if you would like more details.

Our Kowhai programme is designed to support and inform patients, families and carers in managing various aspects of care at home. It is very pleasing to see continued growth with 68 people going through the programme so far this year, up from a total of 43 for the entire previous year!

Thank you again for your support of the Otago community.



Number on Hospice Programme: July 2015 – Jan 2016



Dunedin South Otago Central Otago North Otago



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Introducing new staff



Photo courtesy of Oamaru Mail

Nicola McMillan Community Care Coordinator North Otago

Born and bred in the mighty Oamaru, I studied a Bachelor of Nursing at Otago Polytechnic. After graduating in 2007, I have worked mainly in Oncology and Haematology inpatient units both in New Zealand and Australia.

I have always recognised what a privilege it is to be working with and supporting patients and their families during the last phase of their lives. I have worked alongside the Otago Community Hospice in many roles I have been employed in, and have always admired the expertise and supportive nature of their work. I look forward to be applying my acquired skills to the local community in which I belong.



Dr David Butler Clinical Leader

From a small farm community in Iowa I completed Medical School in Wisconsin where I studied 3 specialities, Adult Internal Medicine, Pediatrics, and Hospice and Palliative Medicine. I then worked in what would be a very similar to a GP role and then as Director of a hospital medicine group in a large tertiary hospital for 14 years. Progressively I transitioned my career to full-time Palliative Care and to Executive Medical Director for a large non-profit Hospice in the U.S.

Having holidayed in NZ a few years ago with my family we fell for the natural beauty and people of the South Island. I have always wanted to work and gain experience living abroad and this seemed like a great place!

My wife is a Paediatrics nurse and we have two sons – 12 and 8. We are really looking forward to the lifestyle that Otago offers, the countless outdoor opportunities and caring for patients/families across the Otago community/region.



Louise Cross Graduate Nurse

I grew up in rural Mid Canterbury and after high school made the big move down south to study. Spending three years studying a Bachelor of Nursing at Otago Polytechnic, I graduated in December 2015 and was privileged to receive this new position of Graduate Nurse at the Hospice inpatient unit. After two clinical placements at the OCH during my third year of nursing school, I knew I had found my niche.

It is an honor and privilege to work with our patients and families. I loving working here, and count myself incredibly lucky to be working with such a warm and inviting team who provide outstanding support and encouragement. I feel as if I have walked into a family here at the Hospice, and couldn't be more grateful.

Fundraising

Without the generous support of the Otago community and supporters we would not be able to provide many services that we do.

In the five weeks leading up to Christmas each of the 58 Farmers stores across New Zealand hosted a Tree of Remembrance and asked customers to make a donation to support their local hospice service. \$26,999 was raised through Farmers stores in Dunedin and Oamaru and donated to Otago Community Hospice to support hospice services across the Otago region.

Dunedin North Rotary again held their fundraising Trailer Raffle in the lead up to Christmas and raised \$29,500. The team do such a fantastic job with this event, which has now been running for ten years.

Dunedin South Rotary raised \$10,000 for us through the Remembrance Tree at Golden Centre Dunedin.

We have also received great support from Cooke Howlison Toyota, they have sponsored a fleet vehicle for us!



Top Image:
Farmers Dunedin and Oamaru

Bottom Image:
Dunedin North Rotary and helpers



Alexandra Hospice Shop

Hospice shops

We were very excited to open our eighth hospice shop in Alexandra in December 2015. The new shop has received fantastic support from the community, with a great team of volunteers on board and quality donated items keeping the shop well stocked.

The remainder of our hospice shops continue to trade well, however as always we are constantly in the need for volunteer support and quality donated goods to sell. If you are able to help out please drop into a shop and speak with our Supervisors.