

Kowhai Programme Central Otago

Support for families, whānau & carers

Navigating the system: Central Otago Community and financial resources

Supportive and Financial Resources available in Central Otago

Central Otago Community Hospice 03 445 0056

Family Support Team

Care co-ordinator, counsellors, spiritual care co-ordinator,
social worker, occupational therapist
Community Health Service

District Nursing 03 440 4303

03 443 8935

Meals on Wheels 03 440 4302

Equipment 03 440 4302

Dunstan Hospital 03 440 4300

Wheels to Dunstan 03 443 7799

Needs Assessment & Service Coordination (NASC)

Care Coordination Centre (over 65) 03 470 9300

Disability Support (under 65)

AccessAbility 03 477 6211

Mental Health (under 65) Miramare 03 474 5552

Ministry of Health 0800 281 222

Carer Support & National Travel Assistance

Cancer Society 0800 226 237

www.cancernz.org.nz

MND Association

Kate Moulson – Sth Is Fieldworker 029 777 9944

southisfieldwork@mnda.org.nz

GP and PHO

HighUser Card

GP Palliative Funding

Care Plus (PHO only)

Medical Alarms

St Johns 0800 785 646

Also have a falls alarm

www.stjohn.org.nz/medical-alarms

NevaAlone 0800 111 238

www.adtsecurity.co.nz/health-and-wellness/nevaalone/

Livingwell Disability Resource Centre 0800 115 891

<https://livingcentre.nz/>

Assistive equipment for sale and hire

Continence products at cost

Total Mobility Scheme Provider

Age Concern 0800 652 105

<https://ageconcernotago.com>

Accredited visitor service, Total Mobility Assessment,
Elder Abuse Falls Prevention

Sweet Louise 027 328 8003

lesley.narayanan@sweetlouise.co.nz

Support for people with breast cancer

Citizens Advice Bureau

www.cab.org.nz 03 488 7771

Confidential free information, advice, referrals. Have
specialty services that assist with consumer matters,
advocacy and JP availability.

Age Concern 04 448 7075

Dunedin RSA Welfare Trust 03 466 4888

welfare@dn-rsa.org.nz

Assistance to the service and ex-service community

St John 0800 785 646

www.stjohn.org.nz

Caring caller 0800 780 780

Supporter scheme:

\$55 Individual, \$75 Joint, \$90 Household

Uruuruwhenua Health Inc 03 448 8643

0800 818 087

General information

Mobility Assistance

• Mobility Parking Permit

CCS Disability Action 0800 227 2255

www.mobilityparking.org.nz

• Sommerville Disability Support Services 0508 787 7678

leigh@sommerville.org.nz

• Total Mobility – taxi vouchers available via health support groups, e.g. Arthritis Foundation, or referral direct to CCS Disability Action

• Driving Miss Daisy 03 448 5135

– also accept mobility vouchers. 021 503 698

• Community Networks Wanaka 03 443 8634

www.communitynetworks.co.nz

Budget Advisor

- Alexandra Community House 03 440 0740

Meals – Home Delivery

- Meals on Wheels 03 440 4302
Need a referral from GP or hospital, \$5.00
- Eat.co.nz 0800 328 333
Meal packs of 5-6 meals with soup or dessert.
Fresh and frozen options. Varied menu – check prices
- BBquick meals 03 453 1000
Eight pack of variety meals cost \$48.00 plus
\$11 delivery charge to Central Otago

Central Otago Council

Rates Rebate – you may be eligible if:

- Total household gross income is \$30,000, depending on the number of dependants and the amount of your rates. The recipient must be the property owner and live at the address.
- Couple with no dependants whose only income is NZ Superannuation

Funeral Directors

Affinity Funerals	03 448 8405
Central Otago Funerals	03 448 8642
Kotuku Funerals	022 184 7907

Rest Homes

Alexandra Ranui	03 448 8280
Cromwell Ripponburn	03 445 0021
Wanaka Elmslea	03 443 7899
Ranfury Maniototo Hospital	03 444 9420
Roxburgh Teviot Valley	03 446 9041
Aspiring Enliven	03 555 3010

Justice of the Peace (JP)

This is a free service. JP's are able to:

- Witness your signature on documents
- Certify copies of documents
- Administer an affidavit
- Complete a declaration

You can find a JP that is close to you via the Yellow Pages in the phone book (under: Justices of the Peace) or

www.justiceofthepeace.org.nz

Kiwi Saver

You are eligible to withdraw your savings when you turn 65. You can access your savings earlier if you have a serious illness. Contact your kiwi saver provider to gain your savings.

Life Insurance

Depending on your insurance provider and your policy agreement, you may be able to access your insurance funds on your diagnosis/prognosis.

NOTES:



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