

# Kowhai Programme South Otago

Support for families, whānau & carers

## Navigating the system: South Otago Community and financial resources

### Otago Community Hospice

24 hour telephone advice 0800 473 6005

### Community Health Services

Clutha Health First (03) 419 0500

District Nursing & MOW

Social Work (Medical)

Mental Health (Under 65)

### Needs Assessment & Service Coordination (NASC)

People with age-related disability

Dunedin Site 0800 627 236

South Otago – Sandra Faddes (03) 419 0520

Disability Support (Under 65) (Inv) 0800 223 225

AccessAbility (03) 477 6211 0800 758700

Mental Health, Alcohol & Drug Service (03) 419 0440  
0800 443366 (acute care or after hours)

Rural Support Trust 0800 787254

### Ministry of Health

[www.health.govt.nz](http://www.health.govt.nz)

Carer Support 0800 855 066

National Travel Assistance 0800 855 066 (press 2)

### GP and PHO

HighUser Card.

GP Palliative Funding.

Care Plus (PHO only).

### Medical Alarms

St Johns 0800 785 646

Also have a falls alarm

[www.stjohn.org.nz/medical-alarms](http://www.stjohn.org.nz/medical-alarms)

NevaAlone 0800 111 238

[www.adtsecurity.co.nz/health-and-wellness/nevaalone/](http://www.adtsecurity.co.nz/health-and-wellness/nevaalone/)

Livingwell Disability Resource Centre 0800 115 891

<https://livingcentre.nz/>

Assistive equipment for sale and hire.

Continence products at cost.

Total Mobility Scheme Provider.

Age Concern 0800 652 105

<https://ageconcernotago.com>

Accredited visitor service, Total Mobility Assessment,

Elder Abuse Falls Prevention.

Sweet Louise 027 328 8003

[lesley.narayanan@sweetlouise.co.nz](mailto:lesley.narayanan@sweetlouise.co.nz)

Support for people with breast cancer

### Home Care Agencies

HealthcareNZ (03) 418 3666 0800 002 722

Access Home Health (03) 418 0299 0800 284 663

[www.access.org.nz](http://www.access.org.nz)

### Cancer Society – South Otago

[www.cancernz.org.nz](http://www.cancernz.org.nz)

37 Clyde Street, Balclutha Helpline: 0800 226 237

Janine McCaughan (03) 418 3916 Cell: 027 2777 632

[janine-mccaughan@cansoc.org.nz](mailto:janine-mccaughan@cansoc.org.nz)

Support groups.

Volunteer home support.

Volunteer drivers.

Counselling for clients and/or family members.

Some equipment – power lazyboys/call bells/baby monitors.

Accommodation for clients requiring treatment in Dunedin

Community Support.

### MND Association

South Island Fieldworker

[southisfieldwork@mnda.org.nz](mailto:southisfieldwork@mnda.org.nz)

Kate Moulson 029 777 9944

### Catlins Information Centre & Library

10 Campbell Street, Owaka 9535 (03) 415 8371

### Clutha Budget Advisory Service

Open Tues, Weds & Thurs 9.30-2.30

14C James Street, Balclutha (03) 418 0463

[advice@budgetingclutha.org.nz](mailto:advice@budgetingclutha.org.nz)

### Clutha Information & Service

[www.cluthanz.com](http://www.cluthanz.com)

4 Clyde Street, Balclutha (03) 418 0388

[clutha.vin@cluthadc.govt.nz](mailto:clutha.vin@cluthadc.govt.nz)

Diabetes NZ – South Otago Branch (03) 418 2681

34 Lanark Street, Balclutha – Ila Ryan

Grey Power – South Otago 027 963 4161

12 Athol Place, Balclutha – Ray Crosswell

### Meals – Home Delivery

- Meals on Wheels (03) 419 0500  
\$5.50 subsidised – assessed by District Nurses;  
or \$8.50 unsubsidised)

- Eat.co.nz 0800 328 333  
(from \$8.80 + delivery charge for up to 14 meals –  
Eat.co.nz do deliver nationwide however they do not  
do rural deliveries so phone to check your address  
includes delivery).

## Mobility Assistance

Mobility Parking Permit  
CCS Disability Action 0800 227 2255

[www.mobilityparking.org.nz](http://www.mobilityparking.org.nz)

Sommerville Disability Support Services 0508 787 7678  
[leigh@sommerville.org.nz](mailto:leigh@sommerville.org.nz)

**Total Mobility** – reduced price taxis through the Otago.  
Regional Council – enquiries 0800 474 082  
To be assessed for eligibility contact one of the following agencies (a fee may be charged)

CCS Disability Action 0800 227 2255  
Disability Information Service 0800 693 342  
Jenny's Companionship Group (03) 418 0640  
Idea Services (03) 418 1474

**Cancer Society** – volunteers may be available for transport to medical appointments.

**St. John** 0800 785 646

[www.stjohn.org.nz](http://www.stjohn.org.nz)

7 High Street, Balclutha (03) 418 0840

Supporter Scheme Membership

(includes free emergency ambulance cover).

Fee: Individual \$55; 2 people at same address \$75;

Household \$90

Non-member part charge for ambulance – \$98

**Caring Caller** 0800 780 780

If you, or someone you know would benefit from regular telephone contact.

## Shopping Delivery

Rosebank 4 Square, Balclutha (03) 418 0811  
(Free delivery within the town – payment to be arranged)

Milton 4 Square (03) 417 8736  
(Free delivery – payment to be arranged).

Tapanui 4 Square - Matt (03) 204 8630  
(Free delivery on Wednesdays. Delivery on days other than Wednesdays to be arranged – Phone to discuss).

Owaka 4 Square – Ross or Pip (03) 415 8201  
(Free delivery if close by; for rural areas can be delivered by Rural Delivery van – no charge for Hospice patients).

## Taxi

Nathan's Taxi 027 804 0592

Mondays, Tuesdays, Thursdays & Fridays, 9am-5pm.

Bookings preferred.

Id, parent or guardian of the deceased.

- Arranging the funeral of someone with no spouse, partner or child.
- Non-taxable lump sum payment of up to \$2,152.66 (as at April 2021) providing assistance towards funeral expenses.

## Clutha District Council

1 Rosebank Terrace, Balclutha (03) 419 0200  
0800 801 350

[www.ratesrebates.govt.nz](http://www.ratesrebates.govt.nz)

## Rates Rebate

To be eligible for a rates rebate for the 2020/21 rating year;

- You must be the legal ratepayer for the property that was your home on 1 July 2020.
- You must pay rates for the home in which you live in.
- You must be an individual i.e. not a family trust.
- It must not principally be used for commercial, industrial, business or farming purposes.

The amount of any rates rebate is based on three factors;

- The amount of your annual rates levy.
- The total income received by you and your partner.
- The number of dependents residing on the property.

In most cases, the income threshold for the maximum rates rebate of \$655 will be \$26,150 although the income threshold increases for each dependent in the household.

## Justice of the Peace (JP)

This is a free service and you can find a JP that is close to you via the Yellow Pages in the phone book (under: Justices of the Peace) or look up JP's in your area on the website [www.justiceofthepeace.org.nz](http://www.justiceofthepeace.org.nz)

JP's are able to:

- Witness your signature on documents
- Certify copies of documents
- Administer an affidavit
- Complete a declaration.

## Kiwi Saver

You are eligible to withdraw your savings when you turn 65. You can access your savings earlier if you have a serious illness. Contact your Kiwi Saver provider to apply for early withdrawal of your savings.

## Life Insurance

Depending on your insurance provider and your policy agreement, you may be able to access your insurance funds on your diagnosis/prognosis.



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