

Kowhai Programme Dunedin

Support for families, whānau & carers

Navigating the system: Dunedin Community and financial resources

Supportive and Financial Resources available in Dunedin

Otago Community Hospice

473 6005 (Free phone: 0800 473 6005)

Dunedin Hospital Community Health Services

District Nurses 476 6044
Meals on Wheels 470 9113
Short term loan equipment 470 9197

Needs Assessment & Service Coordination (NASC)

Care Coordination Centre (over 65) 470 9300
Disability Support (under 65)
AccessAbility 477 6211
Mental Health (under 65) Miramare 474 5552

Ministry of Health 0800 281 222

Carer Support & National Travel Assistance

GP and PHO

HighUser Card
GP Palliative Funding
Care Plus (PHO only)

Medical Alarms

St Johns 0800 785 646

Also have a falls alarm

www.stjohn.org.nz/medical-alarms

NevaAlone 0800 111 238

www.adtsecurity.co.nz/health-and-wellness/nevaalone/

Livingwell Disability Resource Centre 0800 115 891

<https://livingcentre.nz/>

Assistive equipment for sale and hire

Continence products at cost

Total Mobility Scheme Provider

Age Concern 0800 652 105

<https://ageconcernotago.com>

Accredited visitor service, Total Mobility Assessment,
Elder Abuse Falls Prevention

Sweet Louise 027 328 8003

lesley.narayanan@sweetlouis.co.nz

Support for people with breast cancer

Cancer Society 477 7447

www.cancernz.org.nz

Volunteer visitor service

Transport to hospital appointments

Support groups

MND Association

Kate Moulson – Sth Is Fieldworker 029 777 9944

southisfieldwork@mnda.org.nz

Citizens Advice Bureau 471 6166

www.cab.org.nz

Confidential free information, advice, referrals. Have
specialty services that assist with consumer matters,
advocacy and JP availability.

Dunedin RSA Welfare Trust 466 4888

welfare@dn-rsa.org.nz

Assistance to the service and ex-service community

St John 0800 785 646

www.stjohn.org.nz

Caring caller 0800 780 780

Supporter scheme:

\$55 Individual, \$75 Joint, \$90 Household

Māori Cancer Kaiārahi Service

Arai te Uru Whare Hauora 471 9960

Winnie Matahaere winnie@araituru.co.nz

25 College Street, Caversham, Dunedin

Dunedin City Council

DCC Rates Rebate –

[www.dunedin.govt.nz/services/rates/rates-information/
rates-rebate](http://www.dunedin.govt.nz/services/rates/rates-information/rates-rebate)

You are eligible if:

- Total gross household income (including spouse) is less than \$25,660.
- Total household gross income exceeds \$25,660, depending on the number of dependents and the amount of your rates.
- The maximum 2020/2021 rebate is \$655.00. The rebate is credited to your rate account.

Electricity Fund

- Grant towards an electricity account.
- Need to see a Budget Advisor (they are available through: Anglican Family Care, Presbyterian Support Services, Salvation Army, Budget Advisory Service, Catholic Social Services).

Free cremation

- Application form on the DCC website www.dcc.govt.nz/facilities/cemeteries
- Assets must be less than cremation fee (approx. \$1,000).

General information

Mobility Assistance

- **Taxi vouchers** available from health support groups e.g. Arthritis foundation, age concern, or referral direct to CCS Disability Action.
- **Mobility parking permit** available from: Sommersville Disability Support Services 0508 787 7678

Assisted Mobility Transport

Freedom Companion Drivers 027 228 0035
Sally McArthur dunedinnorth@freedomdrivers.co.nz
Driving Miss Daisy
Kerri Bolt 03 467 5017 / 021 503 298
dunedinth@drivingmissdaisy.co.nz
Lyn Hippolite 03 486 2033 / 021 503498
dunedinth@drivingmissdaisy.co.nz

DCC Card

- **75+ Parking Permit:** allows drivers aged 75 years and over to park for free in pay & display areas up to the maximum stay.
www.dunedin.govt.nz/services/parking/schemes-and-permits/75-parking-permit

Mobility Scooters Otago

Tony McCarthy 455 2875
211 King Edward Street, South Dunedin
Free home demonstrations & delivery. Rentals available.

Mobility Solutions Centre 455 1201

245 King Edward Street, South Dunedin
Provision of household aids/equipment to assist with daily living, such as mobility scooters, continence products, long handled reachers, built up utensils, shower chairs.

Meals – Home Delivery

- **Meals on wheels** 03 470 9113
Need a referral from GP or hospital, \$5.00
Main and dessert, Mon-Fri
- **St Barnabas** 03 455 8298
Mon-Sat various meal options (soups, hot, frozen, sandwiches, puree options). Delivered or can be picked up.
- **Taiari Court, Mosgiel** 03 489 6044
Main and dessert; delivery \$0.50 in Mosgiel
Mon to Fri, plus frozen options
- **Eat.co.nz** 0800 328 333
Meal packs of 5-6 meals with soup or dessert.
Fresh and frozen options. Varied menu.
- **BBQuick Meals** 03 453 1000
info@bbcatering.co.nz free pick-up, delivery extra
- **Eat18er** 03 420 0722
eat18r@yahoo.com
Deliver on a Friday to Dunedin/Mosgiel, have a delivery charge – \$6.00
- **Your Pro Chef** 03 473 1680
karl@yourprochef.nz
\$7.99 - \$19.90 frozen meals delivery charge, free pick up from North East Valley

Pet Care

Free emergency foster care, pet feeding, dog care and walking, adoptions (re-homing).

SPCA 03 473 8252
Urban Canine – Lauren McNeil 021 296 4249

Justice of the Peace (JP)

This is a free service. JP's are able to:

- Witness your signature on documents.
- Certify copies of documents.
- Administer an affidavit.
- Complete a declaration.

You can find a JP that is close to you via the Yellow Pages in the phone book (under: Justices of the Peace) or www.justiceofthepeace.org.nz

Kiwi Saver

You are eligible to withdraw your savings when you turn 65. You can access your savings earlier if you have a serious illness. Contact your kiwi saver provider to gain your savings.

Life Insurance

Depending on your insurance provider and your policy agreement, you may be able to access your insurance funds on your diagnosis/prognosis.

NOTES:



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