

Hospice News 2022

Otago Community Hospice Newsletter | August

CEO Message

Kia ora koutou

Hospices throughout New Zealand have been in the headlines over the last few months, as we face significant budget hikes in the next financial year. It's a common thread seen throughout the health sector.

Here in Otago we are extremely fortunate to have a committed community who have supported us to get close to breaking even in the last financial year, and also a very agile workforce. You are part of our very vital community of donors – and have played a very significant role in keeping us on track financially, enabling our team to be able to get on what they do so well – and that is looking after the most vulnerable patients who are terminally ill.

We are now one month into our new financial year – and we know that we will continue to be tested across the next few months with our fundraising target increasing by another \$500k and the need for specialist palliative care continuing to grow, all within a world that continues to be Covid affected.

On the plus side, our education team has been forced to innovate to deliver content. In June we launched a podcast series, Ending Life Well – a resource for carers who are caring for a loved one who is dying (see more information in article opposite). We believe this podcast will be incredibly useful for everyone in our community – for those carers who have been thrown in the deep end but also for health teams who want to learn more about palliative care from a carer/patient focused point of view.

If you know of someone who is caring for a loved one who is dying, please let them know about Ending Life Well. It will help.

Thank you once again for your support. Please do stick with us as we make our way through these new unchartered waters. We can't do what we do without you.



Ngā mihi mahana

GINNY GREEN
CEO
Otago Community
Hospice

ENDING LIFE WELL

A podcast series for carers

AVAILABLE ON:



More information here: <https://otagohospice.co.nz/patient-services/kowhai-programme/carers-podcast/>

Ending Life Well – a podcast series created by Otago Community Hospice.

A new podcast series to help carers who have been thrown in the deep end caring for loved ones who are dying is now available on all good podcast apps.

The series, created by the specialist palliative care team at Otago Community Hospice and supported by Hospice New Zealand, is the first of its kind in New Zealand.

Hospice CEO Ginny Green says Ending Life Well is a podcast built especially for those caring for someone who is dying.

"Equipping and supporting this huge workforce of carers – unpaid, untrained and in unchartered territory, is one of our most important roles as a specialist provider."

"While we at Hospice care for those who have complex palliative needs, we are well aware that there are others out there dying who do not have direct access to our skilled specialist team."

"This podcast enables us to share our knowledge – our tricks of the trade – with family carers who may be well out of their depth as they go about caring for a loved one who is dying."

The series provides reliable advice and information for carers who may not have the time or headspace to read the on-line resources available to carers. It's also specifically built around those particular challenges when looking after someone who is dying and the complexities that can arise.

The series was inspired by the Kowhai Programme – a well-established Otago Community Hospice carers education programme – created in response to research done, with carers of people with terminal illness, in collaboration with the University of Otago in 2010.

Ending Life Well was produced by Denise van Aalst, a palliative specialist nurse with over 20 years experience.

Available to listen to on Spotify, Google Podcast & iHeart Radio
and can also be found on our website:
www.otagohospice.co.nz/education

otago
community
hospice
Living Every Moment

Hospice News

Delightful DEGUSTATION

Hospice's annual degustation dinner was held at Glenfalloch on Friday 22 July. The event – kindly sponsored by Quartz Reef and supported by Harcourts Dunedin saw 94 people enjoying an evening of extraordinary food, wine and company – raising \$13,000 for Otago Community Hospice. These events take a lot of input from all parts of our community, and we'd like to thank Laura and the team at Glenfalloch, Ritchies Bus Service, The Plus Ones, Gravity Events, Continental Event Hire and NZME alongside auction supporters Simon Kaan, David Mcleod, Beresford Heights, Cooke Howlison BMW, Heliotago, Knox Unichem Pharmacy, Otago Aero Club, 3D Studio, No.8 Distillery Gift Set, Wild Dispensary Hamper and Cardrona Distillery.

\$13,000 RAISED



ANZ BINGO NIGHT

A very enjoyable fundraising event was organised recently by ANZ Dunedin, with proceeds of \$2,200 being donated to the Otago Community Hospice. 125 enthusiastic "Bingo players" spent the evening with the Two Fat Ladies Bingo team at the St Clair Golf Club function venue. Lynette and Jenny from ANZ were pleased with the support shown for the Hospice, in particular from St Clair Golf Club who provided amazing food platters and bar service throughout the evening.

\$2,200 RAISED

Jenny & Lynette from ANZ with Louisa Ingham - Clinical Team Leader. Money raised from the night is being used to purchase new observation equipment for our inpatient unit



PLANTS FOR HOSPICE

Lawrence-based Jill Wallace has been a stand-out supporter of Hospice both as a volunteer collecting on street appeal day, and now as a keen plant seller. Jill has raised over \$3,000 this year for Hospice through selling plants that she's grown from seedlings or cuttings. When we cancelled our Street Appeal, Jill went ahead and put on a plant sale on the day raising \$1,330, and then she has continued selling plants via a stand outside her home and now one in the local pharmacy.

Thank you Jill!

HOSPICE AWARENESS WEEK KICKS OFF BREAK EVEN CAMPAIGN

VOLUNTEERS NEEDED!

WE NEED VOLUNTEERS AT OUR
DAMARU, DUNEDIN, MOSGIEL,
MILTON & ALEXANDRA SHOPS.
PLEASE EMAIL
volunteer@otagohospice.co.nz
TO FIND OUT MORE TODAY.

This year, we used Hospice Awareness Week to bring attention to our financial year shortfall which at the time was looking fairly significant following six months of fraught fundraising.

We created a large digital, print and radio campaign which was supported by 22 businesses. And the community responded to our call donating a mind-blowing \$100,000 over the month of May - what an incredible response from the South.

CEO Ginny Green says that while Hospice Awareness Week usually promotes Otago's specialist palliative service, this year the focus was on the finances out of necessity.

"We are always extremely cautious with expenditure. However, at the time we were facing a perfect storm of pressure points: our shops had a three week closure and subsequent reduced trading hours, our ability to fundraise through events had been curtailed since the arrival of omicron, and we have experienced skyrocketing costs, particularly around pay parity issues. "Our service costs close to \$7 million a year and we rely hugely on multiple streams of community support to help bridge the gap, it was incredible what this campaign generated in a short amount of time."



SPONSORS

- Affinity Funerals
- Bike It Now!
- Cooke Howlison Toyota
- Craigs Investment Partners
- Edgewater Resort
- Edinburgh Commercial
- Estate of Grace
- Fat Sallys
- Forsyth Barr
- G S MacLauchlan
- Gallaway Cook Allan
- Harcourts Dunedin
- Highlands Motorsport Park
- Kaans Catering Supplies Ltd
- Unichem Knox Pharmacy
- Latitude Homes Otago/Southland
- Mackies Hotel
- Mariner Suites
- Mercy Hospital
- Mitre10 Mega Dunedin
- Olivers Restaurant & Bar
- Preens/Apparel Masters
- Strictly Coffee Company
- Tall Poppy Real Estate
- Titi Restaurant
- Total Carpet Services
- Upper Clutha Hospice Trust
- Washrite Otago Ltd

AUTUMN MYSTERY WITH BNI ASPIRE

BNI Aspire's annual autumn social event was a Mystery Bottle Auction. Held at Parcels Restaurant on 8th April, BNI champion Matthew Haggart organised members to donate gift-wrapped bottles of fine wine, spirits and the odd booby prize to be

auctioned off. As the first event the BNI has held since the start of Covid, everyone was keen to get involved and the evening raised \$4,200 for Hospice, with plenty of fun had by all.

\$4,200 RAISED



BNI Aspire members Matt Haggart and Viv Patrick prepare for a mystery bottle auction fundraiser which raised \$4,300 for Otago Hospice.

Hospice News

Hospice Events Calendar 2022

People are coming out to play after two years of staying away! If you'd like to take part in a Hospice event, or run an event for Hospice, please get in touch with fundraising coordinator Amy Ruthven, ph 03 473 6005.

Saturday 8 October
Mornington Taphouse Annual Charity Car Run

Friday 14 October
Central Otago Dinner Club
sponsored by Pioneer Energy

Friday 28 October
Hospice Golf Tournament at St Clair
Aotearoa Gaming Trust (formally Southern Trust)

Sunday 20 November
Charity Car Cruise at Hancock Park

December
Rotary Dunedin South Christmas Trailer Raffle

December
Farmers Christmas Bauble Campaign
(Oamaru and Dunedin)

Friday 9 December
Edinburgh Womens Golf Tournament

Keep an eye on our website for information on these and future events.

otagohospice.co.nz

BECOME A
FRIEND OF
HOSPICE
TODAY



Consider becoming a Friend of Hospice by setting up an automatic payment. Your regular payment will go directly to the costs associated with specialist palliative care such as a counselling session for a family member \$125 (\$10.41 per month) or a specialist doctor visiting a patient in their home for \$300 (\$25 a month).

Contact: Michelle on **0800 682 464** or email friends@otagohospice.co.nz

THANK YOU!

Our heartfelt thanks to the following Trusts who recently supported us with extremely generous grants in the last six months:

Lions Foundation

William Stewart Downie Charitable Trust

Gordon Allan Foundation Trust

Jessie Hill Charitable Trust

DCC Community Grant

Just weeks before this newsletter went to print Central Lakes Trust committed to three years' support for our Central Otago Community Team with a grant valued at \$300,000. The Central Lakes Trust has supported our team strongly in the past three years, and gaining their commitment for the next three years is significant as our talented palliative team stretch to meet new demands for palliative care across the district. Thank you from all of us here at Otago Community Hospice.